

BRINGING ADDICTION KNOWLEDGE EXCHANGE GUIDELINES TO PRIMARY CARE

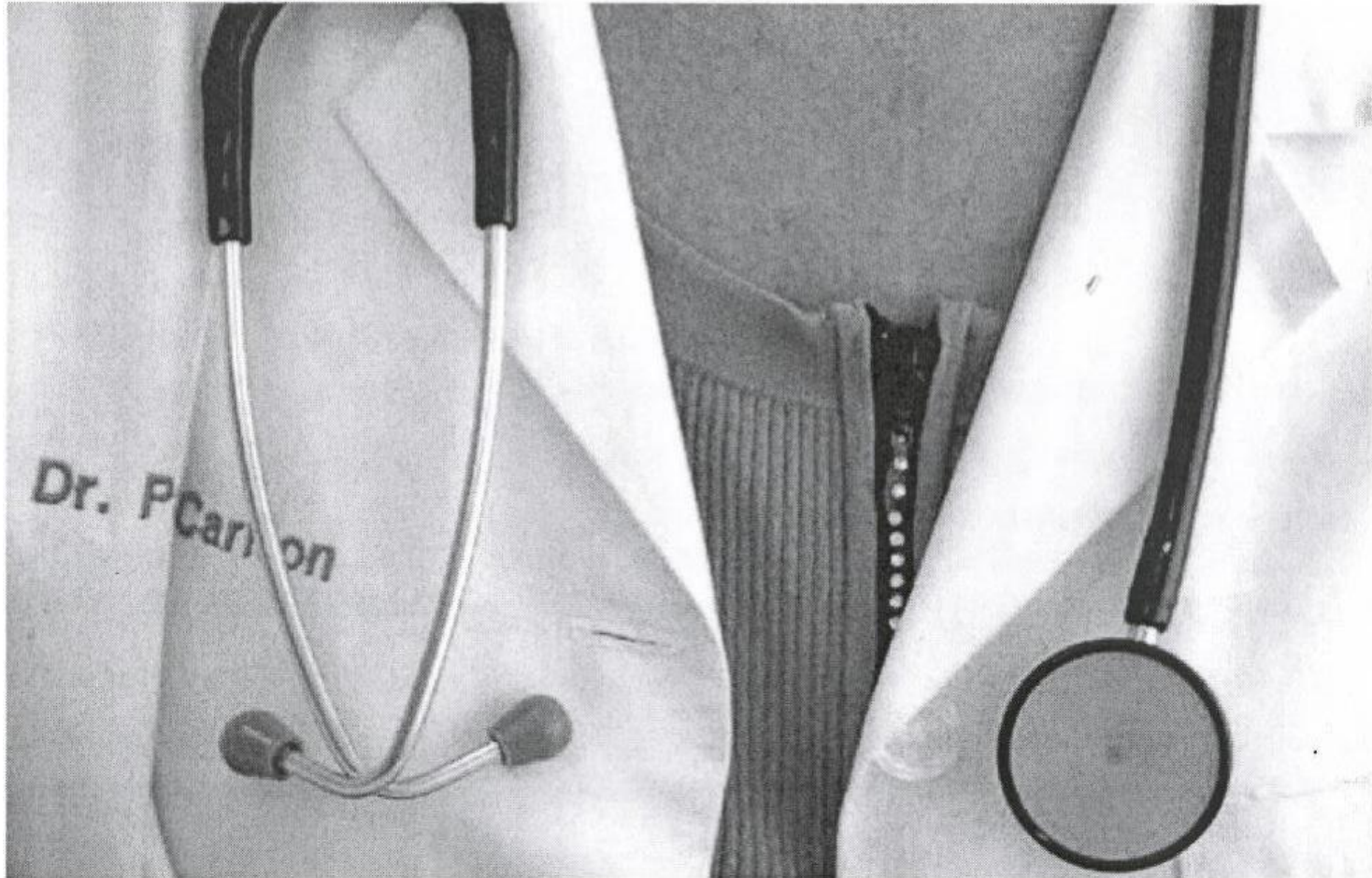
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B.C. to be first in Canada to treat alcoholism as a chronic condition

BY RICHARD WATTS AND ANDREA WOO, POSTMEDIA NEWS MARCH 11, 2011



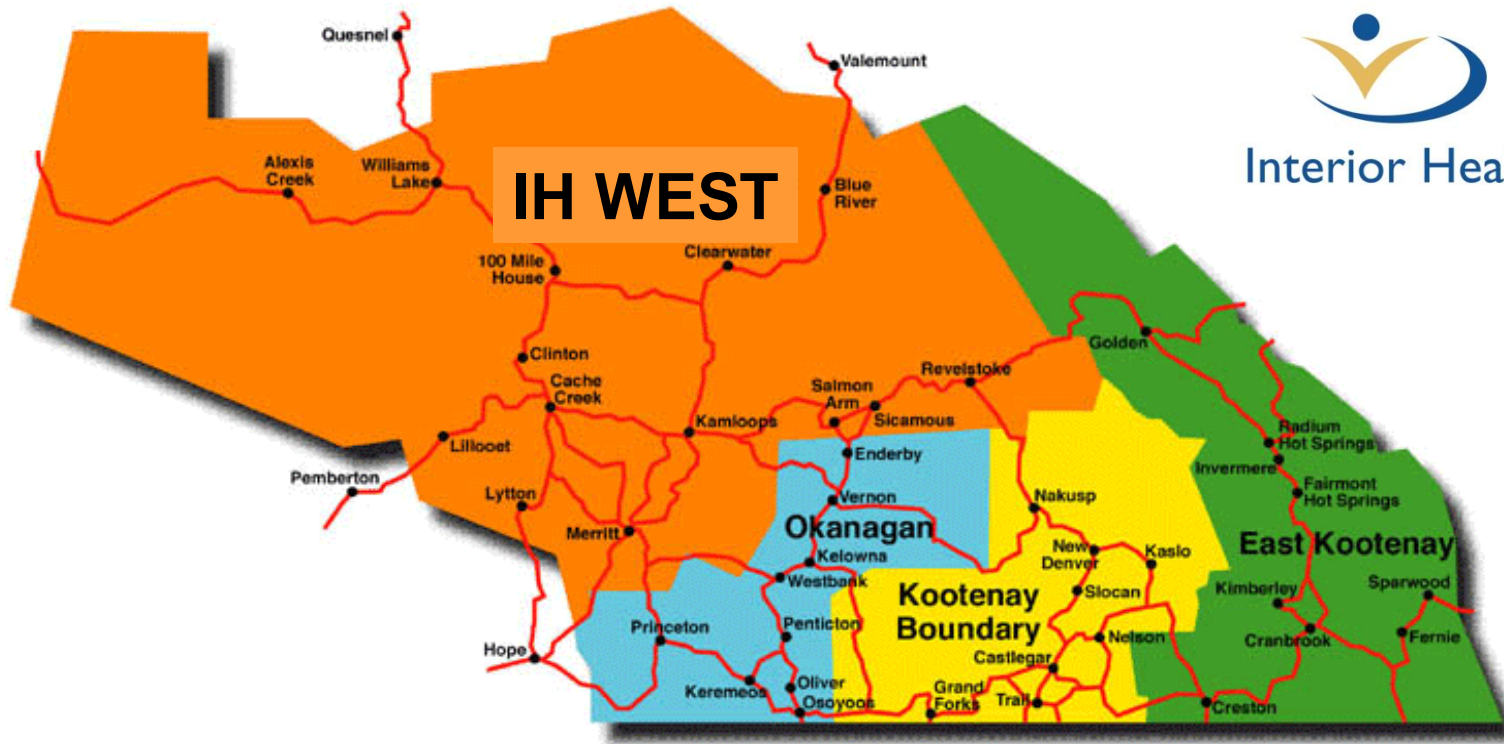
British Columbia will soon become the first jurisdiction in Canada to recognize alcohol addiction as a chronic medical condition.

Photograph by: Karen Bleir, AFP/Getty Images

THE REGION



Interior Health Authority - Health Service Areas



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THE CATALYSTS

- Health Canada Drug Treatment Funding Program for Addictions Knowledge Exchange, 2009-2013

- General Practice Support Committee:
 - ❖ Practice Support Program

- British Columbia Ministry of Health:
 - ❖ Announcement: addiction as chronic medical condition, 03/11
 - ❖ With the BCMA, Guidelines & Protocols for physicians, 04/11

- Community Integrated Health Services

- Divisions of Family Practice



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THE TEAM

- Cliff Cross, MA
- Lyn MacBeath, MD, FRCPC, ABAM-certified
- Jamie Marshall, MEd
- Kerry McLean-Small, RN, BSN, MNS
- Sharman Naicker, MbChb, FRCPC
- Rae Samson, MSW
- Kevin Stevenson, MD, FRCPC, ABAM-certified
- Cathy Tetarenko, RN, BScN, CPMHN(C)

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THE PROCESS

- Communication strategies
 - ❖ Liaising with local area physicians
 - ❖ Regional Addictions Medicine Specialists committee
 - ❖ Making use of telecommunication

- Educational support
 - ❖ Participant meetings
 - ❖ Trip to Victoria (Ministry of Health, Vancouver Island Health Authority, Dr. Schechter)
 - ❖ Communities of Practice; Core Addiction Program; baseline competencies of staff (e.g. CBT, MI)

- Support services
 - ❖ MHSU Programs, e.g. Addiction group programs
 - ❖ Addiction Knowledge Exchange (DTFP)
 - ❖ Networking with community partners



THE OBJECTIVES

1. Enhance capacity of Primary Care physicians to recognize & treat patients with substance use/addiction problems
2. Expand withdrawal management services, including Primary Care components
3. Build comprehensive Medication–Assisted Services & Supports, taking into account:
 - ❖ Shortages of methadone prescribing physicians
 - ❖ Client needs for psychosocial interventions
 - ❖ Concerns about pain management & opioid use

OBJECTIVE 1. ENHANCE PRIMARY CARE CAPACITY FOR ADDICTION MEDICINE



BRIEF INTERVENTION:

- BC Medical Association/ Ministry of Health 3-part guidelines for Problem Drinking
- Background
 - ❖ Stages of Change model
 - ❖ Basic Motivational Interviewing
- Screening for substance use
- Office based management of withdrawal



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THE KEY INGREDIENTS

- Thompson Division Working Group on Mental Health and Substance Use
- Addiction Knowledge Exchange leaders
- Regional Psychiatrist working group
- Journal Clubs – Psychiatry & Addiction Medicine
- Communities of Practice for Addictions service providers (local and regional)
- Educational support to Primary Care Physicians (e.g. for physicians, by physicians)

THE INITIATIVES: IH WEST& KAMLOOPS



Build on existing collaborative care initiatives, for example:

- ❖ Telehealth to rural areas
- ❖ Meetings with rural clinicians
- ❖ Primary Health Care initiatives, e.g. local university (TRU), Kamloops Downtown Health Centre
- ❖ Methadone Maintenance Programs
- ❖ Partnerships with key community agencies, e.g. Phoenix Detox, Sage Health Centre (inpatient treatment)
- ❖ Practice Support Program
- ❖ Trauma-informed practice; chronic pain



THE FUTURE

- Support rollout of BCMA guidelines around alcohol use
- Support and training on brief interventions for physicians across the region
- Support for opioid replacement on-site
- Engagement with psychiatric services for detox at Phoenix and Crossroads
- Intent to develop a methadone maintenance strategy for IH
- Possibilities for physician assisted withdrawal management services
- Telehealth to support methadone maintenance in rural areas
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THE SCRUTINY EVALUATION & OUTCOME MEASURES

- Quantitative data to support learning initiatives
- Psychiatrist connection to Primary Care physicians enhanced
- Quality improvement lens
- Assumption: network, services and expertise enhanced



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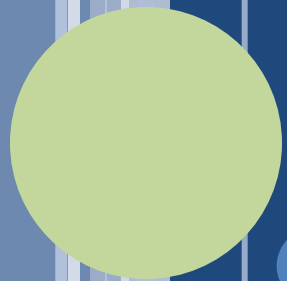
THE REFERENCES

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Drug Treatment Funding Program –
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BC Guidelines -
http://www.bcguidelines.ca/pdf/problem_drinking.pdf

Kates, N. et al. (2001). Integrating mental health into primary care. *Families, Systems & Health*, 19: 5-12.



QUESTIONS?

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